# CATHOLIC RELIEF SERVICES

# **Conference Report Out**

Key Insights from the 2015 CRS Integrated Nutrition Conference

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faith. action. results.







NAIROBI, KENYA

**CRS EAST AFRICA** 



# CRS 2015 INTEGRATED nutrition CONFERENCE



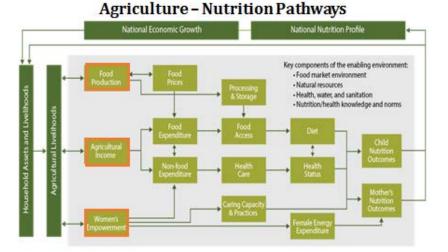




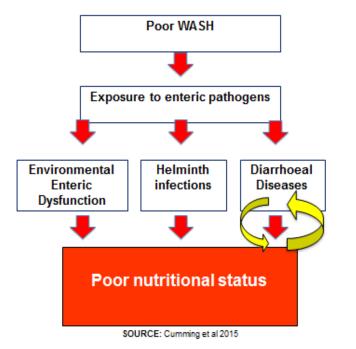


## Conference Program - Plenary Sessions

- East African Regional perspectives
- Integration Models
  - Alive & Thrive approach
  - WASH & Childhood undernutrition
  - Ag-Nutrition Pathways
  - Early Childhood Development
  - Whole Household (HH) approach
- Implementation & Research
  - HKI & IFPRI Homestead food production
  - CRS & IFPRI Preventing Malnutrition in Children under 2 Approach (PM2A)



#### WASH & Childhood Undernutrition





# Conference Program - Concurrent Sessions

#### **Integrated Delivery Approaches**

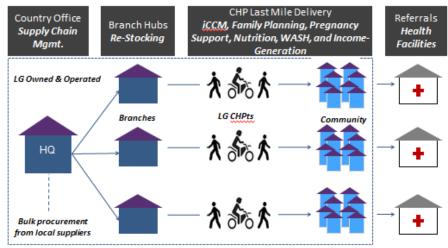
Living Goods' integrated delivery model to reach the last mile through entrepreneurial community health workers

Presented by Liz Jarman

Mama Sasha's Community health workers (CHW) approach to increase consumption of OFSP

Presented by Frederick Grant, CIP





# Age-specific stimulation & nutrition counseling messages linked to MCH service delivery

Presented by Debjeet Sen, PATH





### **Conference Program - Concurrent Sessions**

#### **Nutrition-Sensitive Agriculture**

Revitalizing Milk Markets to Improve Income & Nutrition Presented by Henry Narangui, Save the Children



# Enhancing Nutrition Outcomes in Agricultural Interventions using Biofortified Crops

presented by Sylvia Magezi, HarvestPlus



The Effect of Irrigation & Nutrition Education

on HH Dietary Diversity in Ethiopia

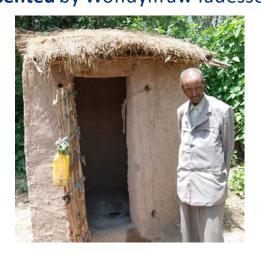
Presented by Girmay Abadi, CRS



# Conference Program - Concurrent Sessions

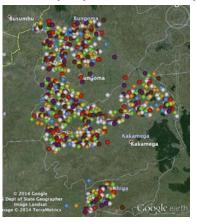
#### **WASH & Nutrition**

effect of integrated WASH and Nutrition Programming on Maternal and Child Nutrition in Oromia, Ethiopia Presented by Wondyifraw Tadesse,, CRS



Integration of Water, Sanitation, Hygiene and Nutrition Programs in the Context of a Randomized Controlled Trial in W. Kenya

Presented by Ryan Mahoney, IPA



#### Results & Lessons Learned from Integrating WASH and Nutrition in Uganda and Mali

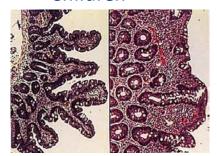


# Exploring Program Integration of WASH in the First 1,000 Days

Presented by John Collett, World Vision International

Reducing Environmental
Enteropathy through
Integration of WASH and
Nutrition Interventions in Care
Group Projects

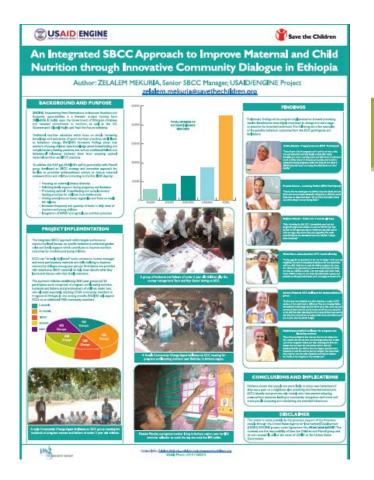
Presented by Tom Davis, Feed the Children

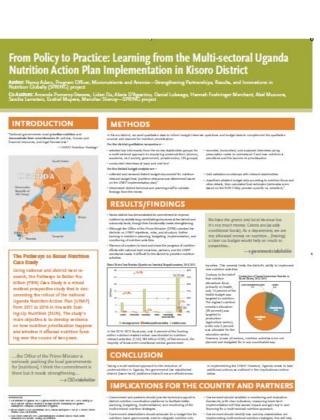


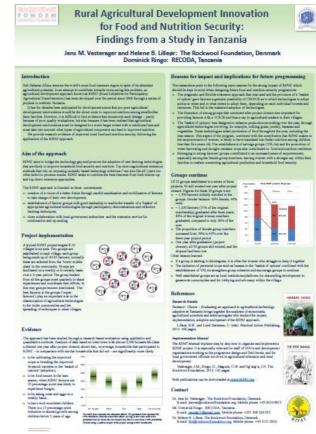
### Conference Program: Poster Session

**21** posters with presenters from **18 different organizations** (university, research institutes, foundations & NGOSs (local & international))

Posters access: <a href="http://www.eposters.net/poster/an-integrated-sbcc-approach-to-improve-maternal-and-child-nutrition-through-innovative-community">http://www.eposters.net/poster/an-integrated-sbcc-approach-to-improve-maternal-and-child-nutrition-through-innovative-community</a>







# Integration Exchange – Small Group Discussions

	Characteristic of Successful Implementation	Challenges to Design & Implementation
Design phase	<ul> <li>Well-informed program design</li> <li>Multi-sectoral indicators</li> <li>Involve communities &amp; stakeholders</li> <li>Gender-sensitive approaches</li> </ul>	<ul> <li>Overcomplicated design</li> <li>Lack of clear multi-sectoral indicators</li> <li>Lack of Resources for integrated nut. programming</li> </ul>
Implementation	<ul> <li>Staff w/ right knowledge &amp; competencies</li> <li>Harmonized BCC</li> <li>Integrated training</li> <li>Operational research for learning</li> <li>Flexibility to adjust program</li> </ul>	<ul> <li>Pressure to integrate after project start</li> <li>Lack of monitoring, evaluation, accountability and learning (MEAL) frameworks for integrated projects</li> <li>Problems incorporating gender dimension</li> <li>Limited funding for operations research</li> </ul>
Government & Stakeholders	<ul> <li>Engage cross-sectoral stakeholders at the beginning</li> <li>Political commitment &amp; accountability</li> <li>Communication b/w partners</li> <li>Effective coordination</li> </ul>	<ul> <li>Different agendas hindering collaboration</li> <li>Communication barriers between sectors</li> <li>Competing priorities at different government levels</li> <li>Low importance of nutrition by non-health sectors</li> </ul>

# **Integration Exchange**

Key Question	Related questions and directions
What learning do we need for improved integrated nutrition programming?	<ul> <li>What is the best sequencing of (sectoral) interventions? What should be prioritized?</li> <li>How can we close the gap b/w research &amp; practice?</li> <li>How can we promote multi-sectoral collaboration (joint decision-making, planning, budgeting, implementation)?</li> <li>How can we develop capacity &amp; advocacy to close gaps b/w sectors?</li> <li>How do different sectors contribute to improved nutrition outcomes?</li> </ul>
How can we scale up integrated nutrition programming in a sustainable & inclusive manner?	<ul> <li>How to go to scale while remaining community driven &amp; responsive to local contexts?</li> <li>What approaches are scalable?</li> <li>How can we better promote community and stakeholder involvement, commitment and learning?</li> <li>What are emerging good practices for a household approach while focusing on the mother—child relationship?</li> <li>How can we address gender dynamics for improved integrated nutrition programming?</li> </ul>

# **Integration Exchange**

Key Question	Related questions and directions
How can we improve MEAL to better inform impact pathways?	<ul> <li>What are the crucial core process, result and impact indicators?</li> <li>How can we improve the methods, measure and analysis for documenting results and learning on integrated programming?</li> <li>What evidence do we need to advocate for integrated nutrition programming?</li> </ul>
How can implementers contribute to learning and what are the next steps?	<ul> <li>Build learning partnerships &amp; platforms</li> <li>Facilitate knowledge management processes: document, communicate, sharing what works &amp; what doesn't, learning visits</li> <li>Form a task force to work on integrated nutrition programming</li> <li>Establish &amp; facilitate a multi-sectoral, multiagency community of practice for dialogue, sharing and learning on integration</li> <li>Develop improved M&amp;E indicators, methods &amp; practices</li> <li>Conduct implementation research on prioritized learning questions &amp; themes; integrate them into project design</li> </ul>

# **Key Take Away Messages**

- 1. Bring the private sector on board
- 2. Adopt a broader approach to the first 1,000 days to consideration the HH, extended family, adolescents girls
- 3. Use a bottom-up approach, working with CBO & linking them to gov't
- 4. Create an enabling environment for practitioners in the sectors to work together in the design, implementation, and monitoring stages so that approaches for improving nutrition are integrated
- 5. Bring the best minds & talent together to look at proxy indicators that could measure integrated programming in nutrition
- 6. Document integrated nutrition programming (research), build on the learning in the project cycle, stop what is not working



## 2016 Integrated Nutrition Conference

- August/ September 2016
- Location: Nairobi, Kenya
- Private-sector perspective
- 3-days: 2-day conference & 1-day exhibition

More information will be made available in early 2016 at the Integrated Nutrition Conference Website

www.integratednutritionconference.crs.org



#### Weblinks & Contacts

- Conference website: <u>www.integratednutritionconference.crs.org</u>
- Conference presentations:
   <a href="http://2015integratednutritionconf.crs.org/view-abstracts">http://2015integratednutritionconf.crs.org/view-abstracts</a>
- Conference Posters: <a href="http://www.eposters.net/sponsor/integrated-nutrition-conference-1">http://www.eposters.net/sponsor/integrated-nutrition-conference-1</a>
- Conference Report: To be posted on the website with presentations in January

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