

Harvest Planning for a Better Future

SUBTITLES

00:01-00:06 - HARVEST PLANNING FOR A BETTER FUTURE

00:08 - 00:12 - Today we are at the village of Karazome in Gidan Roundji, Maradi Region.

00:13 - 00:19 - This video is going to show how men and women decide together how to distribute harvest over the year.

00:20 - 00:28- In order to ensure food availability every day. This will benefit the whole family, investing in a better future for every member.

00:29-00:36 – Thank God for this year’s harvest. I have cultivated and got a good harvest. I have harvested 40 bags of millet, 10 bags of guinea corn.

00:37-00:42 – 10 bags of groundnuts. Thank God for this year’s harvest, Mr. Inusa.

00:43-00:49 - I have harvested 30 bags of millet Mr. Inusa, 4 bags of groundnuts

00:49-00: 55- two bags of guinea corn, and I also one bag of sesame.

00:56 - 01:00- Good! We should be thankful, right? Sure! Thank God!

01:01-01:08- It is a good harvest so far but we will be facing food shortage within a short time. This is a disturbing problem Mr. Inusa.

01: 09- 01:15 - We harvest yearly but our food reserves are finished shortly after the harvest.

01: 17- 01: 22 – We actually don’t know the solution to this recurrent problem.

01:23 - 01:29 – We need a way out of this problem. Yes Mr. Inusa, it is really disturbing us.

01:32 - 01: 36 – Peace be with you! Peace be with you too! You are welcome Mr. Issoufou. Thank you.

01: 37 - 01:42- You have arrived, Mr. Issoufou, while we are discussing the problem of food shortage.

01: 43 - 01: 52- We have gotten enough this year but it will run out within a short time.

01: 53- 02: 06- In your position as advisor and sensitizer, please help us with a lasting solution to this problem.

02: 07- 02: 12- In my view, we need to discuss with our wives if we want a solution.

02: 14 - 02:23 - We should discuss with our wives to know the quantity of food we consume, per day, per week and per year.

02: 24- 02:29- We should divide our harvest into 4 parts for different purposes: the first one for domestic consumption, the second part for seeds...

02: 30- 02:33- ...the third part for health purposes, and the fourth part for other purposes.

02:35 - 02:39- Children should be fed with nutritious food, not only cereal and water.

02: 40- 02: 47- ...but also food such as animal source foods, vegetables, fruits, beans, milk, sesame, etc.

02: 48 - 02:56 - Thank God for your enlightenment. Thank you for sensitizing us, we will put it into practice.

02: 57 - 03:00 - Thank you for sensitizing us, as young people. We will put it into practice.

03: 01 - 03:04 - Okay, Thank God.

03: 09 - 03: 13 - Peace be with you! Peace be with you too! You are welcome! Thank You!

03: 14 - 03:17 -Welcome! Thank you! I hope you returned home in good health. Yes, I have returned home fine.

03: 18 - 03: 21 - Thank God, I have returned fine but with something disturbing me.

03: 22- 03:29 - What is disturbing you, husband? We have a good harvest this year but our food will be finished shortly after harvest. What do you think about this?

03:30 - 03:36 - In my view, we need to cooperate among ourselves, plan our harvest well so that it will be sufficient for us all year long.

03: 37- 03:39 – Yes, that is true.

03: 39- 03:43 – This is a good suggestion. Husband, we are 17 people living in this house.

03:44 - 03: 45– We should know the quantity of food we consume in a day.

03:45 - 03: 50– Yes, that is true. You, as women, please tell me what quantity of food we consume in a day.

03:51 - 03: 54– We consume 2.5 measuring plates which is equivalent to 7 kg per day.

03:55 - 04:00 – We consume 17.5 measuring plates which is equivalent to 49 kg per week.

04: 02- 04:10 – Therefore, we consume 75 measuring plates which equals to 210 kg per month.

04: 11- 04:17 – In a year, we consume 900 measuring plates which will be 2520 kg per year.

04:18 - 04:21 – Now we have estimated what we consume a year.

04:22 - 04:27 – We can divide our food into four parts: a first part for domestic consumption, a second for seeds...

04:28 - 04: 32– ...a third part for health purposes and a fourth for other needs.

04:33 - 04:36– Sure, husband! If we follow this plan, we will solve our problem.

04: 38- 04:42– How to plan what the family needs during the year?

04:46 - 04:52- You should know the quantity of food needed for the family per day, per month, and per year. That quantity is then set aside for consumption.

04:58 - 05:00- Peace be with you! Peace be with you too

05: 02- 05:06– You are welcome. Thank you! How are you and the family? Fine!

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05:07 - 05:12– Are you coming from the swamp husband? Yes, I am coming from the swamp. I have brought some food items for you.

05: 13- 05:19– I have plucked a water melon and some potatoes for the children.

05: 21- 05:23– ...and also moringa. I am also preparing hibiscus.

05: 24- 05:25–That is good!

05: 26- 05:29 – so that we get sufficient food.

05:30 - 05:35– We should feed our children with nutritious food and a variety of food.

05: 38- 05:40– How to recognize a varied diet?

05: 44- 05:49– A varied diet is food that has several colors,

05: 50- 05:54– and contains other ingredients, not only grain and water.

05:58 - 06:05– Good my wife! If we feed our children a varied diet, they will become active and intelligent children.

06:06 - 06:09– We will be seen as important in our society.

06:10 - 06:16–We will require less health expenses for our children. They will be educated and become important people.

06:18 - 06:21 – What are the benefits of having a child that eats well?

06:25 - 06:28 – You will be seen as someone important.

06:29 - 06:34 – The child will be healthy which will require less health expenses.

06:35 - 06:39 – The child will become smarter and is more likely to “become someone important”.

06:45 - 06:48–I dried my beans since 9am.

06:49- 06:54– I first spread out black polythene, then I covered the beans with white polythene.

06:55 - 06:58– I have sucked the air out to kill the insects.

06:59 - 07:05– As dusk approaches, I will collect the beans in a bag that has polythene in it.

07:06 - 07:10 – I will store it airtight.

07:11 - 07:13– I should not waste time in collecting it since dusk is approaching.

07:22 - 07:25– Are you collecting the beans, husband? Yes, I am collecting the beans.

07:26- 07:28– Let me also dry the hibiscus and moringa.

07:30 - 07:35– Let me dry them in a shaded area and clean them in a place where air circulates.

07:45- 07:46– Let me dry the hibiscus.

08:39 - 08:42– Why should we dry food in the shade?

08: 46- 08:51– To avoid vitamin loss, as the sun destroys certain vitamins.

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08:54 - 08:57– Peace be with you! Peace be with you too! Are you coming from the field? Yes, I am coming from the field.

08:58 - 09:01 – We are just coming from a discussion where we have received some news and information.

09:02 - 09:05 – What is new then? It is on harvest planning

09:06 - 09: 13-You see, we are now young, unmarried but when we get married, we will plan our harvest with our wives.

09:14 - 09:16 –In order to have sufficient food all year long.

09:17 - 09:22 – This is important information and when we get married, we will discuss this with our wives so they can share their ideas.

09:23- 09: 26– Thank you. Thanks to God! Thank you too!

09:28- 09:31–If we want to find a way out of this problem, we have to communicate with our wives.

09:34- 09:40 – We should also give our children nutritious food such as animal source foods and vegetables...

09:41- 09: 46– ...such as egg, milk, moringa, groundnuts, etc.

09:48- 09: 51 – So that our children will be healthy and intelligent.

09: 52- 09: 59–If we want to dry our food like vegetables , moringa, hibiscus etc..

10: 00- 10:04 - ...we should dry them in a shaded and clean place where air circulates.

10: 05- 10:09- Men should communicate with their wife/wives for good ideas

10:10-10:11- THANKS

10:12-10:13- EDITORS

Issoufou Adamou

Digital Green

10:13-10:13 - STORY, CAMERA , LIGHT

- **Ibrahim Abdou**
- **Sahara Hassan**
- **Issoufou Adamou**

10:14-10:15- LOCATION

Karazome village , Maradi

Niger Republic

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10:17-10:20- This video has been produced by the SPRING/ DIGITAL GREEN project, Niger

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