



How to Prevent and Treat All Diarrhea in Children

SUBTITLES

- 00:01-00:08 HOW TO PREVENT AND TREAT ALL DIARRHEA IN CHILDREN
- 00:12-00:16 Today we are at the village of Tsanwa in Guidan Roumdji, Maradi region.
- 00:18-00:26- In this video, we will learn the importance of preventing human and animal defecation where children play.
- 00:27-00:33 Feces contain diseases that cause diarrhea.
- 00:52-00:54 Peace be with you! Peace be with you too!
- 00:56-01:01 Good morning. Morning! Larai you are sitting alone. I hope everything is fine, your child does not look happy.
- 01:02-01:06 I am fine but my child is sick. Have a seat!
- 01:13-01:22- I asked you about your child earlier, you told me he is suffering from diarrhea as a result of teething. But that kind of diarrhea can also dehydrate the baby.
- 01:23-01:29 Lack of hygiene cause a child to have diarrhea.
- 01:30-01:35- You have chickens and other domestic animals roaming in the compound which can cause digestive problems.
- 01:36-01:41 Your pounding tools are kept uncovered which can cause digestive problems too.
- 01:42-01:45 Look at his body, he is completely dehydrated.
- 01:47-01:51 How can a child's development be delayed by diarrhea?
- 01:55-02:02 Each time a child has had diarrhea, he/she loses nutrients which are necessary for growth and development.
- 02:04-02:07- Larai, how many times did your child have loose stools today? Four times a day.
- 02:08-02:12 Have you taken him to the health center? No, I didn't because the diarrhea is due to teething.
- 02:13-02: 18 Even if the diarrhea was caused by teething, you should
- prepare ORS for him at home before and then take him to the health center.
- 02:19-02: 23 Larai do you know what ORS is? Yes, I know ORS.
- 02:24-02:27 Have you prepared the ORS for him? No, I didn't because the diarrhea is due to teething.
- 02:28-02: 32 Do you have potable water? Yes, I have. I have just finished preparing porridge, therefore, I still have some boiled water left.
- 02:33-02: 35 Okay. Bring some utensils lets prepare ORS for him.

- 02:40-02: 48 If you have a baby/child between 6 to 24 months, what type of medicine should you always have at home?
- 02:51-02: 54 Oral Rehydration Salt ORS
- 02:57-03:00 Larai, since you have brought the utensils, bring soap so that we can wash our hands.
- 03:01-03:05 There is no soap. Do you have ashes? Okay. Bring some for us to wash our hands. Alright!
- 04:37-04:41 This is an ORS packet. It contains whatever a child loses during diarrhea.
- 04:42-04:48 This is a can that takes one liter of water. We have our boiled water and a clean spoon.
- 04:49-04:54 We now open the can, and pour water, in which we will pour the OSR packet.
- 05:13-05:15 I will pour the ORS now.
- 05:28-05:33 I will then stir the ORS which is a treatment for diarrhea.
- 05:52-05:56 This is the ORS solution. Give it to him all day long.
- 05:57-06:03 Take some with you when you take him to the health center. Prepare a new ORS solution the following morning.
- 06:05-06:08 Continue giving it until the diarrhea stops. Okay, no problem.
- 06:10-06:13 You now give him the ORS solution. Okay.
- 06:21-06:28 Drink up. Drink or else you will not get your treat. Drink.
- 06:37-06:43 Larai, continue giving your child sufficient water and more food than usual. Alright.
- 06:44-06:46 Breastfeed him also more than you are used to do. Okay.
- 06:48-06:51 Don't you think if I give more food and water, the diarrhea will worsen?
- 06:52-06:55- No, the diarrhea will not worsen. It will only replace liquids and nutrients he has lost. Okay.
- 06:56-07:01- I am convinced about your message, I will take him to the health center and will take some ORS solution for him.
- 07:10-07:12- Let me follow you and go home.
- 07:17-07:20 How can you treat diarrhea at home?
- 07:24-07:30 -
- For babies under 6 months, breastfeed more frequently.
- 07:31-07:37 -
- For babies > 6 months and children, prepare 1 packet of ORS a day and give it until the diarrhea has passed.

07:38-07:43 -

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Take your baby/child to the health center when he/she has more than 3 loose stools a day. 08:25-08:33 - Let me put one Aqua Tab in the water to purify it. I will then pour it into the mud pot after 5 minutes. **08:33-08:36 – AFTER 5 MINUTES** 08:38-08:43 - Let me pour the water into the mud pot. Five minutes are now over. 09:32-09:35 - Peace be with you! Peace be with you too! 09:36-09:40 - Good morning. Good morning. How are you? We are fine. 09:41-09:45 - Barira, I come to see you. Alright! Have a seat there. 09:48-09:55 - Barira, continue keeping hygiene a priority. I can see your baby is in good health. 10:00-10:03 - If you continue exclusive breastfeeding until 6 months of life, she will look healthy like this child (shows). 10:04-10:10 - Don't allow anyone to give her water until she reaches 6 months of life. 10:12-10:16 - What if she suffers diarrhea? Can I give her an ORS solution? 10:17-10:22 - No, you can't give her an ORS solution unless prescribed by a health worker. 10:25-10:30 - You can't give her ORS solution without a prescription. 10:31-10:33 - Okay. Thank you. 10:33-10:39 - To protect children from diarrhea and malnutrition, what is the most important thing to do? 10:43-10:52 - Avoid contact with animal and human feces which contain dangerous germs that make you sick. 10:56-11:09 - Normally we talk in group, but today I come to the home to sensitize Barira on hygiene and exclusive breastfeeding. 11:10-11:12 - With your permission, Sir. 11:13-11:25 - Thank you! Women are not alone, even we, men, have understood that to have a healthy strong child... 11:26-11:29- ...attention must be given to hygiene and exclusive breastfeeding until 6 months. 11:27-11:37- We will continue supporting you in this regard. 11:39-11:44 - THANKS **Sarey Issa** П Koini Moussa П **Amara Abdou Barira Rabiou** П

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