

## Men Support Handwashing in Maradi

### SUBTITLES

00:02-00:05- Hand washing

00:26-00:30- We are at the village of Dan Tourke, in the state of Guidan Roudmji

00:31-00:36- We are visiting two families to which we brought a message on hand washing.

01:07-01:08- Peace be upon you, Mariama

01:09-01:10- Peace be upon you too, Sahara

01:11-01:13- Good morning Mariama, Good morning Sahoura. How are you?

01:15-01:17- Why are your children healthier and smarter than mine, Mariama?

01:21-01:25- I have followed the advice of medical staff, even followed the advice on a 1000 Days, yet your children are healthier and smarter. Why is this, please?

01:26-01:29- Do you wash the hands of your children with water and soap before giving them food?

01:32-01:35- No, we are not aware of that.

01:36-01:38- I have good news for you, Sahoura.

01:39- 01:43- Wash the hands of your children with clean water and soap before giving them food.

01:44-01:47- Wash your hands with clean water and soap after defecation.

01:48-01:49- To minimize the risk of infections among our children.

01:49-2:01- To protect our children against infections from contagious diseases in the world.

02:02-02:06- We should wash our hands and the hands of our children before eating and after eating.

02:06-02:10- We should wash our hands with clean water and soap before and after cooking food.

02:11-02:15- This is to minimize the risk of infection among our families, Sahoura.

02:17-02:20- *Why wash our hands?*

02:21-02: 29- *To minimize the risk of infections and protect our families from diseases like diarrhea.*

02:38-02:40- Let us meet my husband for more information.

02:40-02:42- Peace be upon you, my husband. Peace be upon you too.

**02:43-02:48- We come to you for more information to show Sahoura on how to wash our hands after defecation.**

**02:48-02:54- Follow me! I will show you how to wash your hands after using toilet.**

**03:09-03:12- In my position as a husband, I am responsible for hand washing.**

**03:13-03:17- I always provide water before the gallon gets empty.**

**03:18-03:21- I also provide soap for hand washing to my family.**

**03:23-03:27- I wash my hands and also ensure that all of my family members wash their hands, both children and grown-ups.**

**03:29 -03:32- In case I don't have the means to buy soap, we use ashes.**

**03:36 – 03:40 - To wash hands, we do it like this so that the soap makes foam.**

**03:41-03:45 - Because soap can only make foam when hands are wet**

**03:46-03:50 - Wet your hands with water like this, you can see it is now wet.**

**03:51-03:55 - Then rub your hands with soap until foam forms.**

**04:00-04:04 - Then you do it like this, you do like this again.**

**05:41-05:45 - *How to wash hands properly?***

**05:46-05:54 - *Hands are washed with water from a tap, from a clean gallon or kettle and soap.***

**05:55-05:59- You can re-wash your hands if needed.**

**06:01-06:05- You can also plant a tree near the hand washing station, as you can see here.**

**06:06- 06:12- The water flows to the tree and it will eventually grow and be useful in the future.**

**06:13-06:17- I will benefit from this tree in the future.**

**06:18-06:23- The water flows to the tree, it will provide us shade when it grows.**

**06:24-06:29- Sahoura, you hold the hands of your children like this and then wash.**

**08:02-08:06- Thank you for sharing this message with us.**

**08:07-08:12 - We will share this with others, starting with our own families.**

**08:20-08:23- Peace be upon you, peace be upon you too.**

**08:27-08:29- I was at Mariama's house where I received good news.**

**08:30-08:33-That hands should be properly washed with water and soap after coming out of the toilet.**

**08:34-08:37- And wash the hands of our children properly.**

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**08:38-08:42- Wash the hands of our children before giving them food to eat in order to minimize the risk of infections.**

**08:43-08:49 - I request you to provide me with all of what I need for hand washing, such as soap and clean water to protect our family from infections.**

**08:50-08:55- I am satisfied with this information. For handwashing station, water and soap, I will take care of that.**

**08:55-08:58- We will do it as part of our day to day lives. Handwashing is like a religion.**

**09:29-09:32- *When to wash hands?***

**09:33-09:34- *Hands should be washed:***

**09:34-09:35-*before cooking food,***

**09:36-09:38-*before eating food,***

**09:39-09:42-*before feeding a baby,***

**09:43-09:47-*after defecation, and***

**09:48-09:52-*after washing a baby's bottom.***

**09:54-09:59- After providing a hand washing station in my house in order to wash hands after using the toilet,**

**10:00-10:05- ...I will also provide my wife with another place to wash hands before and after cooking.**

**12:10-12:13- This is a soap container to keep soap after washing hands.**

**12:14-12:18- The soap container has small holes in the bottom so that water can drain out.**

**12:19-12:22- After washing my hands with the soap, I put the soap back inside the container, to prevent animals from eating it.**

**12:23- 12:28- I am satisfied with this initiative on hand washing using water and soap**

**12:29-12:33- We will continue to do this, me and my family.**

**12:34-13:38- We will always wash our hands after coming out of the toilet.**

**13:38-13:42- Before preparing food we will wash our hands with water and soap.**

**13: 43-12:47 - To avoid infections, for me and my family.**

**12:48-12:51- This will protect our family from infections.**

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**REGIS-ER, SAWKI, LAHIA**

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